Where are we today?

• IOM report in 2000 highlighted nutrition priorities for enhanced coverage for Medicare beneficiaries and coordination of nutrition services in the community setting.
• Little progress has been made in meeting identified priorities over past decade.
Nutrition and Healthy Aging in the Community Workshop

• Therefore IOM convened a new public workshop to illuminate concerns related to community-based delivery of nutrition services and to identify nutrition interventions and model programs that promote:
  — Successful transitions to home from acute, sub-acute, and chronic care.
  — Health and independent living in the community.

Workshop Highlights

• Priorities
  — Interventions - educate RD’s, multidisciplinary collaboration, integrate nutrition with other services along the care continuum to encompass key transitions
  — Research – screening and assessment methods, refine outcome measures, better understand nutrient requirements, use of fortified foods and supplements, interplay of nutrition and cognition, improved communication and education techniques for older persons and caregivers, growing impact of obesity and associated disorders, and role of food insecurity
How do we move forward?

• Resources likely to be limited
• Broad stakeholder participation needed
• Look for innovative efficiencies and biggest “bang for the buck”
• Who is at risk for adverse outcomes?
• More importantly, who can we help?
• How do we keep older persons healthy and living independently in the community setting?